



Only 30 Spots Available

Fellowship, Fun, and  
Friends!

Spruce Lake Retreat  
Center in the Poconos

\$150. \$50 deposit by  
October 10<sup>th</sup>

High School and Middle  
School

## NOV. 9-11 FALL RETREAT

### We're headed back to Spruce Lake!!

Join your friends for this fun retreat event at the Spruce Lake Retreat Center in the Pocono Mountains. Join your friends for some fun activities, engaging worship, and lots more! FRC of Lincoln Park will be joining us on this retreat. The event is for both middle school and high school youth. We'll depart on Friday, the 9<sup>th</sup> at 5:00pm and return on Sunday, the 11<sup>th</sup> at 1:00pm.

FIRST REFORMED CHURCH  
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Dave Sippel – Director of Youth  
and Family Ministries

[dave@frc-pp.org](mailto:dave@frc-pp.org)

I give permission for my child to attend the Fall Retreat with First Reformed Church of Pompton Plains, NJ. November 9<sup>th</sup> to 11<sup>th</sup>, 2018.

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Printed Name \_\_\_\_\_ Phone \_\_\_\_\_

Parent Signature \_\_\_\_\_ T-Shirt Size    S   M   L   XL   XXL

Email Address \_\_\_\_\_